



Hope Foundation's  
**International Institute of Information Technology (I²IT)**  
**Hinjawadi, Pune- 411057**

## **Department of Information Technology**

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### **Activity Report**

### **Self-Defence**

**Academic Year:** 2020-21

**Semester:** I

**Name of Event:** Self-Defence camp

**Date of Conduction:** 6<sup>th</sup> September 2020

**Time:** 9:30 AM to 10:30 AM, 11:00 AM to 12:00 Noon, 3:00 PM to 4:00PM

**Targeted Audience:** All students

**Number of Participants:** 87

**Venue:** Online

**Topic:** Self-Defence camp

**Resource Person:** Mr. Satish Rajhanse

**Coordinator:** Prof. Manjusha Amritkar

**Objectives:**

To protect ourselves with some punches and kicks, and also how to get away with a dangerous attack

**Outcomes:**

Participants will be able to protect themselves with dangerous attacks.

### **Activity Description:**

This event was conducted by Mr. Satish Rajhance, who happens to be a Black Belt Dan 4 in KSI INDIA. He has won gold medal in International Championship held in Capetown, South Africa & won Bronze Medal in 2nd Asian Indoor Game held in Macau, China. Not only that, but he is WAKO Indian Team Coach & International Kickboxing Referee, a very talented personality, who is Technical Director of Maharashtra Thaiboxing Association (MTA).

Due to huge participation, we had to conduct this event in groups of three, wherein one group was for boys, while the remaining two groups were for girls alone. A total of 87 participants consisted of people not just from our college, but from other colleges as well as working professionals too.

### **Event Photos:**



